

The Place to Retire

St. Mary's Highland Hills Village, located on 60 beautiful acres in Oconee County, is a dynamic community designed for seniors who want a lifestyle with independent services and health care choices all in one convenient location. With Independent Living, Assisted Living and Memory Care, Highland Hills Village provides a continuum of care that allows residents to age in place in the comfort of their Highland Hills home. Every senior has specific needs, and at St. Mary's Highland Hills Village, we have a senior living community for everyone.

Happy Hour

Don't forget Happy Hour on the 3rd Floor Lobby at 4PM. Each resident will bring their own beverage of choice. Happy Hour will run until the start of dinner service. We will be doing this every Friday!

Friday Night at the Movies

Please join us in the Gathering Room to watch your favorite movies at 7PM. We will have the movie available following the dinner service!



Chapter 1 of 12 for 2019

We will open the book. Its pages are blank. We are going to put words on them ourselves. The book is called Opportunity and its first chapter is New Year's Day.

Putting the Leaves back on the Tree



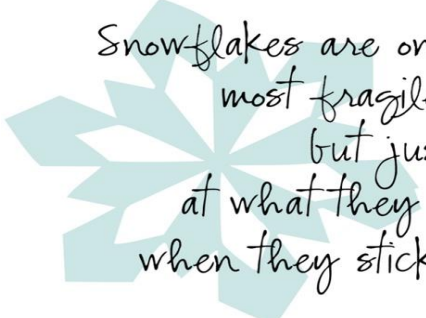
Practical ideas for hoping and coping with grief? This will be 2 classes, an hour each, beginning Thursday January 24th and Thursday January 31st from 3:30 - 4:30 with Chaplain David. Please plan to meet in the Conference Room.

Let's Eat

Panera Bread Company is a chain store of bakery-cafe fast casual restaurants. With plenty to choose from - soups, sandwiches, bagels and a great selection of baked items - you'll be sure to not leave hungry!

POPCORN DAY!

While National Popcorn day is officially January 19th, we are celebrating early on Thursday, January 17th at 4PM. Come and taste some of the many flavors of popcorn we'll have available. We'll meet in the Gathering Room!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Front Office Closed 	1 9:30 - Publix 11:00 - Exercise DVD 11:30 - Kroger 2:00 - Afternoon at the Movies	2 10:30 - Brain Games 11:00 - Book Club 1:00 - Spinners 1:00 - Mahjong 2:00 - Walk Away the Pounds	3 9:30 - Exercise with Vivian 10:30 - Holy Communion 1:00 - BINGO 4:00 - Happy Hour (Bring your own beverage) 7:00 - Movie Night	4 Activities Room Open for Games
6 Activities Room Open for Games 6:00 - Vespers	7 10:00 - Cornhole 10:30 - Coffee with Friends 11:00 - Yoga 1:00 - BINGO 4:00 - Bible Study with Peter Wood	8 9:30 - Tai Chi with Tom 10:00 - Exercise with Vivian 2:00 - Bible Study with Chaplain Craig 3:30 - Food Forum 7:00 - BUNCO	9 9:30 - Publix 11:00 - Exercise DVD 11:30 - Kroger 2:00 - Afternoon at the Movies	10 10:30 - Brain Games 11:00 - Wii Games 1:00 - Spinners 1:00 - Mahjong 2:00 - Walk Away the Pounds	11 9:30 - Exercise with Vivian 10:30 - Holy Communion 1:00 - BINGO 4:00 - Happy Hour (Bring your own beverage) 7:00 - Movie Night	12 Activities Room Open for Games
13 Activities Room Open for Games 6:00 - Vespers	14 10:00 - Cornhole 10:30 - Coffee with Friends 11:00 - Yoga 1:00 - BINGO 4:00 - Bible Study with Peter Wood	15 9:30 - Tai Chi with Tom 10:00 - Exercise with Vivian 2:00 - Bible Study with Chaplain Craig	16 9:30 - Publix 11:00 - Exercise DVD 11:30 - Kroger 2:00 - Afternoon at the Movies	17 10:00 - Current Events 10:30 - Brain Games 11:00 - Lunch at Paneras 1:00 - Spinners 1:00 - Mahjong 2:00 - Walk Away the Pounds 4:00 - Let's Celebrate National Popcorn Day!	18 9:30 - Exercise with Vivian 10:30 - Holy Communion 1:00 - BINGO 4:00 - Happy Hour (Bring your own beverage) 7:00 - Movie Night	19 Activities Room Open for Games
20 Activities Room Open for Games 6:00 - Vespers	21 10:00 - Cornhole 10:30 - Coffee with Friends 11:00 - Yoga 12:30 - Residents Meeting 1:00 - BINGO 4:00 - Bible Study with Peter Wood	22 9:30 - Tai Chi with Tom 10:00 - Exercise with Vivian 2:00 - Bible Study with Chaplain Craig 7:00 - BUNCO	23 9:30 - Publix 11:00 - Exercise DVD 11:30 - Kroger 2:00 - Afternoon at the Movies	24 10:30 - Brain Games 11:00 - Wii Games 1:00 - Spinners 1:00 - Mahjong 2:00 - Walk Away the Pounds 3:30 - Hoping and Coping with Chaplain David	25 9:30 - Exercise with Vivian 1:00 - BINGO 2:00 - Mass 4:00 - Happy Hour (Bring your own beverage) 7:00 - Movie Night	26 Activities Room Open for Games
27 Activities Room Open for Games 6:00 - Vespers	28 10:00 - Cornhole 10:30 - Coffee with Friends 11:00 - Yoga 1:00 - BINGO 4:00 - Bible Study with Peter Wood	29 9:30 - Tai Chi with Tom 10:00 - Exercise with Vivian 2:00 - Bible Study with Chaplain Craig	30 9:30 - Publix 11:00 - Exercise DVD 11:30 - Kroger 2:00 - Afternoon at the Movies	31 10:30 - Brain Games 11:00 - Wii Games 12:00 - Monthly Birthday Party 1:00 - Spinners 1:00 - Mahjong 2:00 - Walk Away the Pounds 3:30 - Hoping and Coping with Chaplain David	 <p style="font-family: cursive;"> Snowflakes are one of nature's most fragile things, but just look at what they can do when they stick together. <small>unknown</small> </p>	

Additional Activities may not be listed. Check daily board for any additions.