

# The Place to Retire

St. Mary's Highland Hills Village, located on 55 beautiful acres in Oconee County, is a dynamic community designed for seniors who want a lifestyle with independent services and health care choices all in one convenient location. With Independent Living, Assisted Living and Memory Care, Highland Hills Village provides a continuum of care that allows residents to age in place in the comfort of their Highland Hills home. Every senior has specific needs, and at St. Mary's Highland Hills Village, we have a senior living community for everyone.

## Nailed It

Enjoy free manicures from one of our talented stylists! Pick your color, sit back and relax.



## This That

A reminder that our Activities Room is open for non-scheduled games. We have dominoes, cards and board games available at any time. If you need any help locating certain games, please let us know!

LET THE  
**GAMES**  
BEGIN



# May



## Chapter 5 of 12 for 2019

Every new beginning comes from other beginnings end.

### Mother's Day Luncheon

Make sure to attend our special Mother's Day Luncheon. Food, fellowship and fun will be had throughout the afternoon!

### DOGS MAKE PEOPLE HAPPY?

Research has shown how beneficial pet therapy can be. Regular visits with pets, usually dogs, can have positive physical, emotional, and mental benefits. Regular visits have been shown to decrease unwanted behaviors and calm agitation.



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



|  |   |   |  |   |   |   |
|--|---|---|--|---|---|---|
|  |   |   | <p><b>1</b></p> <p>9:00 - Daily Chronicle<br/> <b>10:30 - Activity with Margie</b><br/>                 - Spring in our Step<br/>                 2:45 - Pet Therapy</p> | <p><b>2</b></p> <p>9:00 - Daily Chronicle<br/>                 10:00 - One to One<br/>                 10:30 - Brain Boosters<br/>                 2:00 - Bingo with Dawn</p>   | <p><b>3</b></p> <p>9:00 - Daily Chronicle<br/>                 11:00 - Exercise with Vivian<br/> <b>2:15 - Afternoon at the Movies</b></p>  | <p><b>4</b></p> <p>9:00 - Daily Chronicle<br/> <b>10:30 - Music Therapy with Jane</b><br/>                 2:00 Activity of Choice - Movie, Board Games, Cards</p>  |
| <p><b>5</b></p> <p>9:00 - Daily Chronicle<br/>                 2:00 - Activities with Haley Cards<br/>                 5:00 - Vespers</p>  | <p><b>6</b></p> <p>9:00 - Daily Chronicle &amp; Perk<br/>                 10:30 - Good News with Fred Schuller<br/>                 2:30 - Exercise with Vivian<br/>                 3:00 - Activity Cart-One to One</p>  | <p><b>7</b></p> <p>9:00 - Daily Chronicle<br/>                 11:00 - Reflections with Chaplain Craig<br/> <b>1:30 - Food Forum</b><br/>                 2:00 - Bingo with Reign</p> | <p><b>8</b></p> <p>9:00 - Daily Chronicle<br/> <b>10:30 - Activity with Margie</b><br/> <b>2:00 - Manicures with Wey</b><br/>                 2:45 - Pet Therapy</p>     | <p><b>9</b></p> <p>9:00 - Daily Chronicle<br/>                 10:00 - One to One<br/> <b>12:30 - Mother's Day Luncheon - Food, fellowship and fun</b></p>  | <p><b>10</b></p> <p>9:00 - Daily Chronicle<br/>                 11:00 - Exercise with Vivian<br/> <b>2:15 - Afternoon at the Movies</b></p> | <p><b>11</b></p> <p>9:00 - Daily Chronicle<br/> <b>10:30 - Music Therapy with Jane</b><br/>                 2:00 Activity of Choice - Movie, Board Games, Cards</p> |
| <p><b>12</b></p> <p>9:00 - Daily Chronicle<br/>                 2:00 - Activities with Haley Cards<br/>                 5:00 - Vespers</p> | <p><b>13</b></p> <p>9:00 - Daily Chronicle &amp; Perk<br/>                 10:30 - Good News with Fred Schuller<br/>                 2:30 - Exercise with Vivian<br/>                 3:00 - Activity Cart-One to One</p> | <p><b>14</b></p> <p>9:00 - Daily Chronicle<br/>                 11:00 - Reflections with Chaplain Craig<br/>                 2:00 - Bingo with Reign</p>                              | <p><b>15</b></p> <p>9:00 - Daily Chronicle<br/> <b>10:30 - Visit with Primrose Pre-School</b><br/>                 2:45 - Pet Therapy</p>                                | <p><b>16</b></p> <p>9:00 - Daily Chronicle<br/>                 10:00 - One to One<br/>                 10:30 - Brain Boosters<br/>                 2:00 - Bingo with Dawn</p>  | <p><b>17</b></p> <p>9:00 - Daily Chronicle<br/>                 11:00 - Exercise with Vivian<br/> <b>2:15 - Afternoon at the Movies</b></p> | <p><b>18</b></p> <p>9:00 - Daily Chronicle<br/> <b>10:30 - Music Therapy with Jane</b><br/>                 2:00 Activity of Choice - Movie, Board Games, Cards</p> |
| <p><b>19</b></p> <p>9:00 - Daily Chronicle<br/>                 2:00 - Activities with Haley Cards<br/>                 5:00 - Vespers</p> | <p><b>20</b></p> <p>9:00 - Daily Chronicle &amp; Perk<br/>                 10:30 - Good News with Fred Schuller<br/>                 2:30 - Exercise with Vivian<br/>                 3:00 - Activity Cart-One to One</p> | <p><b>21</b></p> <p>9:00 - Daily Chronicle<br/>                 11:00 - Reflections with Chaplain Craig<br/>                 2:00 - Bingo with Reign</p>                              | <p><b>22</b></p> <p>9:00 - Daily Chronicle<br/> <b>10:30 - Activity with Margie</b><br/>                 2:45 - Pet Therapy</p>  | <p><b>23</b></p> <p>9:00 - Daily Chronicle<br/>                 10:00 - One to One<br/>                 10:30 - Brain Boosters<br/> <b>10:30 - Belle Hill Singers</b><br/>                 2:00 - Bingo with Dawn</p> | <p><b>24</b></p> <p>9:00 - Daily Chronicle<br/>                 11:00 - Exercise with Vivian<br/> <b>2:15 - Afternoon at the Movies</b></p> | <p><b>25</b></p> <p>9:00 - Daily Chronicle<br/> <b>10:30 - Music Therapy with Jane</b><br/>                 2:00 Activity of Choice - Movie, Board Games, Cards</p> |
| <p><b>26</b></p> <p>9:00 - Daily Chronicle<br/>                 2:00 - Activities with Haley Cards<br/>                 5:00 - Vespers</p> | <p><b>27</b></p> <p>9:00 - Daily Chronicle &amp; Perk<br/>                 10:30 - Good News with Fred Schuller<br/> <b>2:30 - Travel Series</b><br/>                 3:00 - Activity Cart-One to One</p>                 | <p><b>28</b></p> <p>9:00 - Daily Chronicle<br/>                 11:00 - Reflections with Chaplain Craig<br/>                 2:00 - Bingo with Reign</p>                              | <p><b>29</b></p> <p>9:00 - Daily Chronicle<br/> <b>10:30 - Activity with Margie</b><br/>                 2:45 - Pet Therapy</p>  | <p><b>30</b></p> <p>9:00 - Daily Chronicle<br/>                 10:00 - One to One<br/>                 10:30 - Brain Boosters<br/>                 2:00 - Bingo with Dawn</p>  | <p><b>31</b></p> <p>9:00 - Daily Chronicle<br/>                 11:00 - Exercise with Vivian<br/> <b>2:15 - Afternoon at the Movies</b></p> | <p>9:00 - Daily Chronicle<br/> <b>10:30 - Music Therapy with Jane</b><br/>                 2:00 Activity of Choice - Movie, Board Games, Cards</p>                  |