

## The Place to Retire

St. Mary's Highland Hills Village, located on 55 beautiful acres in Oconee County, is a dynamic community designed for seniors who want a lifestyle with independent services and health care choices all in one convenient location. With Independent Living, Assisted Living and Memory Care, Highland Hills Village provides a continuum of care that allows residents to age in place in the comfort of their Highland Hills home. Every senior has specific needs, and at St. Mary's Highland Hills Village, we have a senior living community for everyone.

### Happy Hour

Don't forget Happy Hour on the 3<sup>rd</sup> Floor Lobby at 4PM. Each resident will bring their own beverage of choice. Happy Hour will run until the start of dinner service. We will be doing this every Friday!

### **Welcome New Residents:**

So that everyone can keep with our new arrivals, we will post an additional page on the bulletin board alerting residents of any upcoming move-ins.



# May



## Chapter 5 of 12 for 2019

*Every new beginning comes from other beginnings end.*

### Residents Who Lunch

We are headed to the Botanical Gardens of Athens. We will be walking trails and visiting the new children's park. Following this adventure, we will head to Peppino's Pizzeria for lunch. The bus will depart at 10AM. Don't forget your sunscreen and walking shoes!

### Lunch Crafters

Please be sure to try out our bi-monthly Lunch Crafters Group! Come enjoy lunch, fellowship - and of course - CRAFTING! Sign-up is posted on the main board in the Gathering Room.

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



<p>Activities Room Open for Games</p> <p>6:00 - Vespers</p>	<p>10:00 - Cornhole</p> <p>10:30 - Coffee with Friends</p> <p>11:00 - YOGA</p> <p>1:00 - BINGO</p> <p>4:00 - Bible Study with Peter Wood</p>	<p>9:30 - Tai Chi with Tom</p> <p>10:00 - Exercise with Vivian</p> <p><b>12:00 - Lunch Crafters</b></p> <p>2:30 - Bible Study with Chaplain Craig</p> <p><b>3:30 - Food Forum</b></p>	<p>9:30 - Publix</p> <p>11:00 - Exercise DVD</p> <p>11:30 - Kroger</p> <p>2:00 - Afternoon at the Movies</p>	<p>10:30 - Brain Games</p> <p><b>11:00 - Book Club</b></p> <p>1:00 - Spinners</p> <p>2:00 - Walk Away the Pounds</p>	<p>9:30 - Exercise with Vivian</p> <p>10:30 - Holy Communion</p> <p>1:00 - BINGO</p> <p><b>4:00 - 5:15 - Happy Hour - Bring Your Own Beverage - 3rd floor lobby</b></p> <p>7:00 - Night at the Movies</p>	<p>Activities Room Open for Games</p>
<p>Activities Room Open for Games</p> <p>6:00 - Vespers</p>	<p>10:00 - Cornhole</p> <p>10:30 - Coffee with Friends</p> <p>11:00 - YOGA</p> <p>1:00 - BINGO</p> <p>4:00 - Bible Study with Peter Wood</p>	<p>9:30 - Tai Chi with Tom</p> <p>10:00 - Exercise with Vivian</p> <p><b>12:00 - Lunch Crafters</b></p> <p>2:30 - Bible Study with Chaplain Craig</p> <p><b>3:30 - Food Forum</b></p>	<p>9:30 - Publix</p> <p>11:00 - Exercise DVD</p> <p>11:30 - Kroger</p> <p>2:00 - Afternoon at the Movies</p>	<p>10:30 - Brain Games</p> <p><b>11:00 - Current Events</b></p> <p>1:00 - Spinners</p> <p>2:00 - Walk Away the Pounds</p> <p><b>4:00 - Entertainment with Alex Perry</b></p>	<p>10:30 - Holy Communion</p> <p><b>12:00 - Mother's Day Luncheon</b></p> <p><b>4:00 - 5:15 - Happy Hour - Bring Your Own Beverage - 3rd floor lobby</b></p> <p>7:00 - Night at the Movies</p>	<p>Activities Room Open for Games</p>
<p>Activities Room Open for Games</p> <p>6:00 - Vespers</p>	<p>10:00 - Cornhole</p> <p>10:30 - Coffee with Friends</p> <p>11:00 - YOGA</p> <p>1:00 - BINGO</p> <p>4:00 - Bible Study with Peter Wood</p>	<p>9:30 - Tai Chi with Tom</p> <p>10:00 - Exercise with Vivian</p> <p>2:30 - Bible Study with Chaplain Craig</p> <p><b>6:30 - BUNCO</b></p>	<p>9:30 - Publix</p> <p>11:00 - Exercise DVD</p> <p>11:30 - Kroger</p> <p>2:00 - Afternoon at the Movies</p>	<p><b>10:00 - Outing to the Botanical Gardens and Lunch</b></p> <p>10:30 - Brain Games</p> <p>1:00 - Spinners</p> <p>2:00 - Walk Away the Pounds</p>	<p>9:30 - Exercise with Vivian</p> <p>10:30 - Holy Communion</p> <p>1:00 - Musical BINGO with Kayla</p> <p><b>4:00 - 5:15 - Happy Hour - Bring Your Own Beverage - 3rd floor lobby</b></p> <p>7:00 - Night at the Movies</p>	<p>Activities Room Open for Games</p>
<p>Activities Room Open for Games</p> <p>6:00 - Vespers</p>	<p>10:00 - Cornhole</p> <p>10:30 - Coffee with Friends</p> <p>11:00 - YOGA</p> <p>12:30 - Residents Meeting</p> <p>1:00 - BINGO</p> <p>4:00 - Bible Study with Peter Wood</p>	<p>9:30 - Tai Chi with Tom</p> <p>10:00 - Exercise with Vivian</p> <p><b>12:00 - Lunch Crafters</b></p> <p>2:30 - Bible Study with Chaplain Craig</p>	<p>9:30 - Publix</p> <p>11:00 - Exercise DVD</p> <p>11:30 - Kroger</p> <p>2:00 - Afternoon at the Movies</p>	<p>10:30 - Brain Games</p> <p><b>11:00 - Current Events</b></p> <p>1:00 - Spinners</p> <p><b>2:00 - Musical Performance by the Mellows from First Presbyterian Church</b></p>	<p>9:30 - Exercise with Vivian</p> <p>1:00 - Bible BINGO with Peter Wood</p> <p><b>2:00 - MASS</b></p> <p><b>4:00 - 5:15 - Happy Hour - Bring Your Own Beverage - 3rd floor lobby</b></p> <p>7:00 - Night at the Movies</p>	<p>Activities Room Open for Games</p>
<p>Activities Room Open for Games</p> <p>6:00 - Vespers</p>	<p>Front Office Closed for Memorial Day</p> <p>10:30 - Coffee with Friends</p> <p>11:00 - YOGA</p>	<p>9:30 - Tai Chi with Tom</p> <p>10:00 - Exercise with Vivian</p> <p>2:30 - Bible Study with Chaplain Craig</p> <p><b>6:30 - BUNCO</b></p>	<p>9:30 - Publix</p> <p>11:00 - Exercise DVD</p> <p>11:30 - Kroger</p> <p>2:00 - Afternoon at the Movies</p>	<p>10:30 - Brain Games</p> <p><b>12:00 - Monthly Birthday Party</b></p> <p>1:00 - Spinners</p> <p>2:00 - Walk Away the Pounds</p>	<p>9:30 - Exercise with Vivian</p> <p>10:30 - Holy Communion</p> <p>1:00 - BINGO</p> <p><b>4:00 - 5:15 - Happy Hour - Bring Your Own Beverage - 3rd floor lobby</b></p> <p>7:00 - Night at the Movies</p>	<p>Activities Room Open for Games</p>